

# Practitioner training for those working with families with complex problems such as parental substance misuse and parental mental health problems.



Working with children  
for children

The National Children's Bureau Health and Social Care Team has developed 3 courses to support practitioners working with families affected by complex problems such as parental substance misuse and parental mental health problems.

## These courses have been developed to:

- Increase skills and confidence in analysis and judgement making.
- Explore approaches to strengthen assessment practice.
- Keep the needs of children central to assessment to effect positive change.

**These courses are for** social workers, early help workers and those who work with families, (including troubled families' case workers; targeted youth support staff, health and education workers).

## Courses can be commissioned individually or as part of a package.

<p><b>Working with families with multiple needs</b> 1 day course</p> <p><b>Aim:</b> To give practitioners knowledge and understanding of the potential impact of parental mental health problems, substance misuse and domestic violence on children.</p> <p><b>Practitioners will learn:</b></p> <ul style="list-style-type: none"> <li>• How parental mental health problems, substance misuse and domestic violence interact and increase risk when occurring together.</li> <li>• How to build resilience and promote positive change in families with complex needs whilst keeping the needs of the child central and providing timely protection where appropriate.</li> </ul>	<p><b>Goals and outcomes planning</b> 1 day course</p> <p><b>Aim:</b> To allow practitioners to examine the benefits of an outcomes-focused approach for children, young people and their families, and for the services and staff working with them.</p> <p><b>Practitioners will learn:</b></p> <ul style="list-style-type: none"> <li>• How to effectively involve and empower parents, carers, children and young people in developing and implementing plans to meet their needs</li> <li>• How to assist children and their families to achieve and sustain change, including using and building on the strengths and resilience of families and communities in challenging circumstances</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Putting analysis into assessment</b> Available as a 1 or a 2 day course.</li> </ul> <p><b>Aim:</b> To provide participants with tools to increase their skills and confidence in analysis and judgement within assessment practice</p> <p><b>Practitioners will learn</b></p> <ul style="list-style-type: none"> <li>• To explore the policy and practice context of decision-making and judgement</li> <li>• To introduce models and approaches will strengthen assessment practice with children in need</li> </ul>
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Supporting these courses "[A Practical Guide to Early Intervention and Family Support: Assessing Needs and Building Resilience in Families Affected by Parental Mental Health or Substance Misuse by Sawyer - Burton](#)" is now its third edition with a foreword from President of the ADCS Alison O'Sullivan. Putting Analysis into Assessment is published in March 2016

All the above courses are suitable for multi-agency audiences and/or can be tailored for specific service contexts. NCB has a pool of skilled trainers with the expertise to deliver these programmes to a high standard.

For further information please contact us at [hsctraining@ncb.org.uk](mailto:hsctraining@ncb.org.uk)